



### A Message from Mrs Nicolaou

It was wonderful to see so many of you at our Meet the Teacher evenings this week. Your partnership with us in setting targets for the Autumn term is invaluable, and it makes a real difference to your child's learning and development. If you were unable to attend, please do contact the school office to arrange an appointment—we'd love to catch up with you.

A huge thank you also to all the parents who joined our Managing Good Behaviour policy sessions. It is so important that we work together to support the behaviour and conduct of our children, and your engagement reflects the strength of our school community. We are excited to officially launch the policy on Monday 22nd September 2025.

It has also been fantastic to see our enrichment clubs in full swing this week—there has been such enthusiasm and energy from the children. We are delighted to have secured an extra evening of sports enrichment too! If your child would like to join a club, please speak to the office team, as there are still a few places available.

Wishing you all a restful and peaceful weekend. I look forward to seeing you on Monday, ready for another wonderful week ahead.

### Prayer at Home

Lord Jesus, we ask that you help us grow in love and kindness, more like you everyday.

Please help us spend our time at school with smiles on our faces, and love in our hearts.

Amen



### Attendance Update...

Attendance this week -  
Whole School - 96.96%

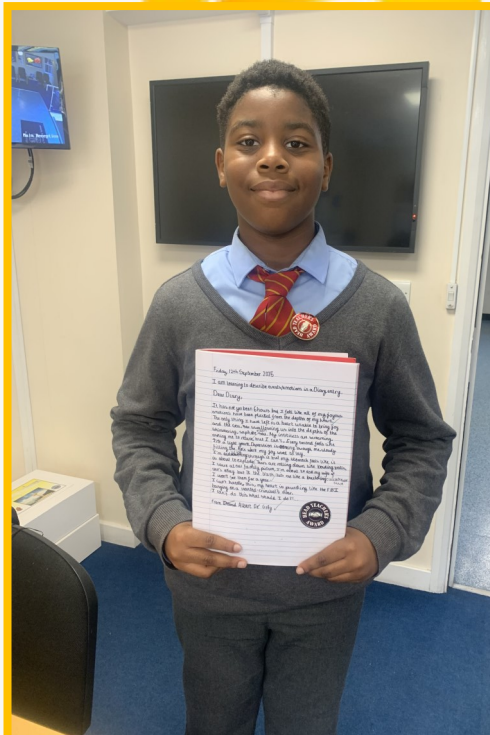
Highest attendance this  
week - St George Class with  
100%

Let's keep moving towards our  
goal of getting 100% attendance  
next week!



# Headteacher's Award

One of our Year 6 pupils proudly received the very first Headteacher's Award of the year for writing an outstanding diary entry. His work showed creativity, effort, and a real passion for writing. We are very proud of his achievement and the positive example he is setting for the year ahead.



Friday 12th September 2025

I am learning to describe events/emotions in a Diary entry.

Dear Diary,

It has not yet been 6 hours but I feel like all of my joyous emotions have been plucked from the depths of my heart.

The only thing I have left is a heart unable to bring joy and the sea, ~~sw~~ swallowing us into the depths of the shimmering, sapphire <sup>ocean</sup> sea. My instincts are screaming, asking me to return, but I can't. Every second feels like 2.0 a light year. Depression is ~~causing~~ <sup>clear</sup> through me, slowly filling the hole where my joy used to lay.

I'm ~~endure~~ <sup>us up</sup> through it but my stomach feels like it is about to explode. Tears are rolling down like bowling balls. I stare at our family picture, I'm about to ask my wife if she's okay but ~~it~~ the truth <sup>us up</sup> hits me like a building. <sup>uncontrollable</sup> I won't see them for a year.

I can't handle this, my heart is pounding like the FBI banging on a wanted-criminal's door.

I can't do this what should I do?!...

From David Albert De' Gréy ✓



## Dates for your School Diary

Tuesday 23rd September—Secondary School Transfer meeting,  
4:00 pm—5:00 pm

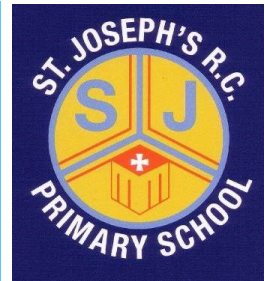
Tuesday 30th September—Year 6 School Residential meeting,  
4:00 pm—5:00 pm

Friday 3rd October—St Therese Class Assembly—9:00 am

Thursday 16th—Wednesday 22nd October—Book Fair arrives—  
3.30 pm—4.00 pm

Friday 17th October—INSET DAY

Friday 24th October— Break up from school for half term



# School Lunches

To view our school lunch menus please visit our school website below:

[www.stjosephs-georgerow.org/lunch-time](http://www.stjosephs-georgerow.org/lunch-time)

## Packed Lunches



For healthy packed lunch ideas:

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

We are a NUT-FREE school as we have children who have severe nut allergies, so please bare this in mind when preparing your child's packed lunch, nut allergies can be fatal. Please do not send any food which contains nuts or nut traces in your child's lunch. Thank you!



# Give us a Follow!

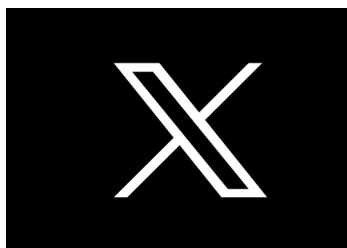
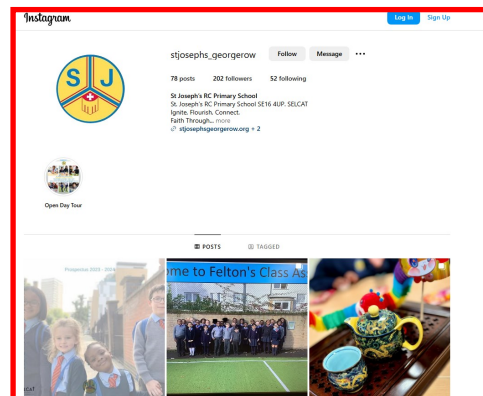
[www.stjosephsgeorgerow.org](http://www.stjosephsgeorgerow.org)

Our Instagram account is live and posts regular updates so please give us a follow, our username is stjosephs\_georgerow



Please rest assured that we will never post images in which your child is named, however if you do not want your child's image used on our social media platforms, please inform the school office.

@sorcatrust is the Instagram page for St Oscar Romero Catholic Academy Trust (formally SELCAT)



You can find updates from St Oscar Romero Catholic Academy Trust (formally SELCAT) on X (formerly Twitter)

We are part of the St Oscar Romero Catholic Academy Trust and they regularly post updates on their X page.



## ParentMail

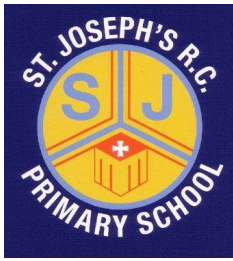
You will also be sent any correspondence from school through your parentmail, so please check your app regularly to stay updated.

**Useful links for a safer Internet...**

<https://www.childrensmentalhealthweek.org.uk/families/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>



# Our Daily Mile



Each class takes part in a Daily Mile in our playground to help promote fitness, wellbeing, and healthy habits. The children enjoy getting outside each day for a brisk walk or jog, which also supports concentration and focus back in the classroom. It's a fun and simple way to stay active, and it encourages everyone to develop a positive attitude towards exercise.





## **OCCUPATIONAL THERAPY**

*Penny Noble – Senior Specialist Children's Community Occupational Therapy and  
Rebecca Hoffman – Children's Occupational Therapist*

## **NHS TRANSITION FROM CAMHs TO ADULT SERVICE**

*Danielle Ashley – Clinical Nurse Specialist for Adolescent Health & Transition and  
Bridget Nichola – Designated Clinical Officer for SEND in Southwark*

**THURSDAY 25<sup>TH</sup> SEPTEMBER 2025. 10am until 1pm**

**VENUE: The Links Community Centre, 353 Rotherhithe New Rd, SE16 3HF**

### **TOPIC – WHAT IS OCCUPATIONAL THERAPY (OT) AND HOW TO ACCESS IT *plus* AUTISM SERVICE DEVELOPMENT PROJECT**

Occupational Therapy is often thought of as a service that helps with a “physical difficulty”, this is true, but it is so much more than that. Their role is to help children and young people develop the skills needed to participate FULLY in school and everyday life. This can include fine and gross motor skills, sensory integration, and self-care skills, as well as addressing emotional regulation and social skills.

The Occupational Therapists will explain the ways they can help and how you can access their service plus how to reapply if you have previously had support.

Penny and Rebecca want to hear your experiences to help identify gaps in support for autistic children and their families throughout their journey from pre-diagnosis to post-diagnosis.

They want to hear from families on how the Occupational Therapy Service can improve their offer for autistic children and their families.

### **TOPIC – FAMILIES EXPERIENCES OF MOVING FROM CAMHs to ADULT SERVICES**

Danielle and Bridget want to hear your experiences of your child's transition from CAMHs to Adult Services. Did you feel informed and supported? What were the barriers you faced? Do you think there is support during this period and once your child leaves CAMHs? Do you know what happens once your child reaches 18?

*Refreshments available – please note our events are for adults only*